

Taking Action on Insurance Denials

MYTH

My insurance denied coverage for my migraine treatment.

I have no choice but to accept their decision.

TRUTH

Insurance denials are not final.

You can appeal using your insurance company's internal appeals process.

ACTION



Do not give up.

Appeal the denial with your insurance company.



Provide supporting documentation from your doctor.

If unsuccessful, **file a consumer complaint.**



Request an external review through your state's insurance commissioner or department.

TAKE ACTION

to access the migraine care you deserve.

