

# KEYNOTE SPEAKERS

## MIGRAINE AT WORK



**Carl Cincinnato**

Manager/ Director Johnson &  
Johnson, Unilever, Brain Foundation



**Paula Dumas**

Fortune 500 VP- Disney, Apple, CNN



**Robert Shapiro, MD**

Neurologist & Researcher



**Vincent Martin, MD**

Headache Specialist & Researcher



**Kellie Pokrifka**

Community Leader



## Carl Cincinnato

Executive Director



Carl stopped taking his health for granted at an early age due to migraine. Over the last 30 years, health has become central throughout his life and work. This includes working at one of the biggest health companies in the world, Johnson & Johnson.

Today, Carl works with charities, foundations, and organizations to help lift the global burden of migraine including Migraine & Headache Australia, the Brain Foundation, the Coalition of Headache and Migraine Patients (CHAMP), the Global Patient Advocacy Coalition (GPAC), and the World Health Education Foundation (WHEF). Carl is a member of the International Headache Society, acts on several patient committees, the author of MigrainePal.com and the founder of the Migraine World Summit.

Carl is a public and passionate patient advocate for migraine. He has spoken nationally and internationally on TV, radio and in print about migraine and the need to increase research funding, reduce stigma, and increase patient support.



## Paula K. Dumas

Founder



Following a career as a Vice President in Fortune 500 companies like CNN, Apple and Disney, Paula Dumas shifted gears to health advocacy. After losing a decade's worth of days to migraine, Paula advocates for others looking to thrive in the workplace despite migraine.

Paula has served on the Board of the American Migraine Foundation (AMF), the steering committee of the Coalition of Headache and Migraine Patients (CHAMP), and the International Headache Society Global Patient Advocacy Committee. She's spoken at the International Headache Academy, the Migraine World Summit, and Research America's Annual National Health Forum. She's presented her research at the American Academy of Neurology conference, one of two academic research studies she co-authored (CaMEO and My Migraine Voice). She's authored over 300 articles on migraine health and wellness, and produced over 200 videos, interviews and podcasts. Paula co-founded the World Health Education Foundation, producing the largest live event for people with migraine.

To create healthier workplaces for people with migraine, Paula serves as chair of the MigraineAtWork.org campaign, focused on helping employers and employees tackle the widespread challenge of working through painful attacks. Each year, Paula co-leads an amazing global team of people with migraine who produce the Migraine World Summit, demonstrating the resilience and commitment of these courageous warriors.



## Robert Shapiro, MD

Steering Committee



Dr. Robert Shapiro, MD, MA, PhD is a practicing neurologist and professor in the Department of Neurological Sciences at the Larner College of Medicine, University of Vermont. Dr. Shapiro holds an MA (philosophy/psychology) from the University of Oxford, a PhD (anatomy) from the University of Pennsylvania, as well as an MD from Columbia University. He completed his residency training in neurology at Johns Hopkins Hospital.

His research studies were recognized by the American Headache Society (AHS) with the Harold G. Wolff Lecture Award. His publications have appeared in Nature, Science, Headache, Science Translational Medicine, and the Proceedings of the National Academy of Sciences.

He is the founding president of the Alliance for Headache Disorders Advocacy. His national advocacy efforts have been recognized by the American Academy of Neurology with their Palatucci Advocate of the Year and Viste Patient Advocate of the Year awards, and by the AHS with their Above & Beyond and Distinguished Service awards. He is the past president of the Headache Cooperative of New England and winner of their Lifetime Achievement ("The Megrim") Award. He also serves on the steering committee of Migraine at Work.





**Vince Martin, MD**

Steering Committee



Vincent Martin, MD, AQH is the director of the Headache and Facial Pain Center at the University of Cincinnati Gardner Neuroscience Institute. He has been a professor of clinical medicine in the Division of General Internal Medicine at the University of Cincinnati College of Medicine since 2004.

Dr. Martin is president of the National Headache Foundation and a fellow of the American Headache Society and the American College of Physicians.



## Kellie Pokrifka

Implementation Manager



Kellie Pokrifka, a dedicated advocate for brain health, spearheads transformative initiatives bridging medical expertise with patient comprehension. Her insightful interviews with top global authorities in brain health are showcased on platforms like the Migraine World Summit and Migraine at Work. Through innovative projects like the Migraine Masterclass, she demystifies complex medical concepts, empowering patients to navigate their health journeys with confidence.

On the Brain Injury of America's Advisory Council, Kellie contributes her expertise to shape impactful strategies for advancing brain health advocacy.

Her profound impact extends beyond advocacy into practical implementation, having led brain health programs across diverse sectors, including Fortune 100 companies and government organizations. Kellie's unwavering commitment to fostering understanding and proactive engagement in brain health continues to inspire meaningful change on both individual and systemic levels.